



UPLOADING a video to YouTube

Uploading a video to YouTube is a very easy and simple 4-step process. Please follow the steps below and ask us if you have any questions.

1. STEP ONE: Record your video and save it in your computer

NOTE: YouTube accepts most video formats; however, if you have any problems uploading your video, please make sure that it's in one of the formats from the following list:

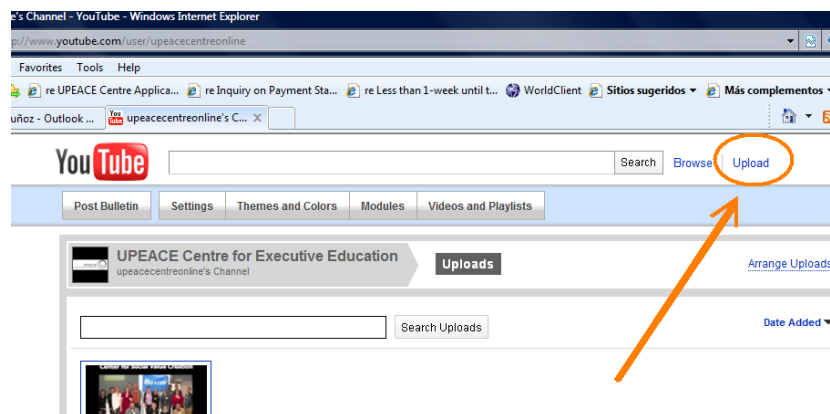
- **MOV** (usually from iPhones, iPods and iPads),
- **AVI** (many cameras output this format),
- **ebM, MPEG4, 3GPP, MPEGPS, WMV** and **FLV**

2. STEP TWO: Log onto YouTube

1. If you have a YouTube account – please sign in.
2. If you don't have a YouTube account, but:
 - you **have** Gmail account, you can sign into YouTube using your Gmail access information - awesome! Please visit www.youtube.com and click the **Sign in** link found at the upper right-hand side corner of your screen
 - you **don't have** Gmail account either. Please visit www.youtube.com and click the **Create Account** link found at the upper, right-hand side corner of your screen. It's a simple 3 step process

3. STEP THREE: "Upload" your video

Look for the '**Upload**' button on the upper right-hand corner of your screen shown on the image below. Then, click the big red arrow called '**Select files from your computer**'. The upload process will start immediately and will take a few minutes depending on your video's size and internet speed.



4. STEP FOUR: Complete the information from the "Video information and privacy settings" box

If successfully uploaded, you will be given a link where your video can be found, and you're done!

NOTE: make sure to click the "Unlisted" option when you upload your video